



TOWN OF WESTPORT
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OFFICE OF BOARD OF HEALTH
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VISITORS OR RETURNING RESIDENTS TO WESTPORT

READ THIS NOTICE

PUBLIC HEALTH ADVISORY FOR RECENT TRAVELLERS TO WESTPORT TO SELF-QUARANTINE


The expanding public health crisis caused by the Coronavirus/COVID-19 pandemic has upended the way we all live our lives. This advisory is issued in coordination with the declarations from the White House and Governor Baker that the New York metropolitan area¹ is an epicenter of the confirmed coronavirus cases and its spread is best limited by self-quarantine. The White House Coordinator for coronavirus coordination declared: "Everyone who was in New York should self-quarantine for the next 14 days to ensure the virus does not spread to others no matter where they have gone."

For the next 14 days, people who have come to Westport from the New York metro area within the last two weeks are strongly advised to remain in their homes or the grounds of their property and avoid places where members of the public congregate. Items needed from businesses such as groceries, pharmacies or hardware stores, should be obtained through delivery services wherever possible. If the delivery of necessities cannot be obtained, please contact the Board of Health at 508-636-1015 or email health@westport-ma.gov

If you think, you have been exposed to COVID-19 and develop a fever and symptoms of respiratory illness, such as cough or difficulty breathing, call your healthcare provider immediately. Also, please inform the Board of Health Nurse, Linda Pierce (508-636-1030) of your health status.

Thank you for your cooperation in protecting the health of the Westport community.


Matthew J. Armendo, Director


Philip M. Weinberg, Chairman

¹The New York metropolitan area includes [New York City](#), [Long Island](#), and the Mid and Lower [Hudson Valley](#) in the state of [New York](#); the five largest cities in [New Jersey](#): [Newark](#), [Jersey City](#), [Paterson](#), [Elizabeth](#), and [Edison](#), and their vicinities; and six of the seven largest cities in [Connecticut](#): [Bridgeport](#), [New Haven](#), [Stamford](#), [Waterbury](#), [Norwalk](#), and [Danbury](#), and their vicinities.