



TOWN OF WESTPORT
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OFFICE OF BOARD OF HEALTH
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Westport Board of Health
COVID-19 Updates
March 26, 2020

1. **On March 25, 2020: The Board of Health has issued a PUBLIC HEALTH ADVISORY for recent travelers to Westport to self-quarantine.** For the next 14 days, people who have traveled to Westport from the New York metro area within the last two weeks are strongly advised to remain in their homes or the grounds of their property and avoid places where members of the public congregate. Items needed from businesses such as groceries, pharmacies or hardware stores should be obtained through delivery services where ever possible. If the delivery of necessities cannot be obtained, please contact the Board of Health at 508-636-1015 or <https://www.westport-ma.com/board-health>.
2. If you think you have been exposed to COVID-19 and develop a fever and symptoms of respiratory illness such as cough or difficulty breathing, call your healthcare provider immediately. Also, please inform the Board of Health Nurse, Linda Pierce (508-636-1030) of your health status.
3. Governor Baker has directed the Department of Public Health to issue a **stay at home advisory that began at 12pm March 24th.** Residents are advised to stay home and avoid unnecessary travel and other unnecessary activities for two-week time period ending April 7 at noon. Residents over 70 years of age or with underlying health conditions who are considered at high risk when exposed to COVID-19, should limit social interactions with other people as much as possible.
4. For workers performing essential services, as permitted under Governor Baker's advisory, the Board of Health recommends observing social distancing of at least 6 feet, not congregating in groups and eating lunch individually (in their cars & trucks, if necessary).
5. On March 24, 2020, the Board of Health (BOH) issued a notice to local personal care establishments that they must comply with Gov. Baker's order requiring all businesses that do not provide "COVID-19 Essential Services" to close their physical workplaces and facilities as of **12 Noon on March 24, 2020 until 12 Noon on April 7, 2020.** The Order is available on <https://www.mass.gov/>.

The Board of Health considers the following to be a personal care establishment: hair salons and barbershops, nail salons, massage services, body art, including without limitation tattooing, piercing and micro-blading, body work, aestheticians, day spas, tanning salons, fitness and exercise centers.

6. In addition, during the COVID-19 health crisis, the Westport Board of Health continues to operate as an essential function. While offices at the Town Annex remain locked to visitors, BOH staff continues to be accessible via phone, fax and email. The Transfer Station continues its normal hours of operation. The Town Nurse is available during her extended hours of 8 am to 3:30 pm weekdays. The Animal Control Office is working remotely but remains available 24/7 at 774-264-5129 to respond to animal issues.

As a reminder, you can e-subscribe to urgent notices on the front page of the town website for urgent alerts. You can also check our website for updates.

Mathew Armendo, Director
March 26, 2020