

# WELCOME TO WESTPORT, MASSACHUSETTS



# **Part-time Public Access Equipment Operators needed**

**Responsible for set-up, operation and breakdown of video and audio equipment as needed to cover local meetings and events. Experience preferred.**

**Pay: \$10.00 per hour (minimum 4 hours)**

**No benefits**

**Application and job description available at the Board of Selectmen's office:**

**Town Hall, 816 Main Road, Westport, MA 02790**

**EOE**

**This is  
Public Access  
Channel 192.  
Your Town,  
Your Channel.**

# ***Program Listings for Local Channels 190 & 192***

**can be found on the  
Westport Town website  
[www.westport-ma.com](http://www.westport-ma.com)**

**Click on “Town  
Departments” then  
“Public Access TV” then  
“Programming.”**

# **Westport 4<sup>th</sup> of July Parade will air**

**Sunday - 10:00 am, 12:30 pm**

**Monday - 4:15 pm**

**Friday-11:30 am, 8:30 pm,  
10:00 pm**

**Saturday- 8:30 p, 9:30 pm**

**A Matter of Fact  
with  
George Cataldo  
will air**

**Sunday 8:00 PM**

**Wednesday 7:30 AM**

**Thursday 3:00 PM**

**Friday 6:00 PM**

**Historical Society  
Treasures from  
Elvira's Attic**

**will air**

**Wednesday - 9:30 AM**

**Thursday - 1:00 PM**

**Friday - 9:00 PM**

**Saturday - 5:30 PM**

# **Laughing Gnome: Emma Young**

**will air**

**Sunday - 2:45 PM**

**Monday - 6:00 PM**

**Tuesday - 1:30 PM**

**Wednesday - 9:30 PM**

**Thursday - 2:00 PM**

**Friday - 8:00 PM**

**Saturday - 9:00 PM**

**Our Creative Community  
Westport Council on Aging  
will air**

**Sunday - 2:00 PM**

**Monday - 8:00 PM**

**Tuesday - 8:00 PM**

**Wednesday - 5:45 PM**

**Thursday - 5:30 PM**

**Friday - 9:30 PM**

**Saturday - 8:00 PM**

# **Our Creative Community Film Series will air**

**Tuesday - 9:30 AM, 8:30 PM**

**Wednesday - 12:00, 8:30 PM**

**Thursday - 6:00 PM**

**Friday - 5:00 PM**

# **Interview with the Reverend Loring will air**

**Monday - 1:00 PM**

**Tuesday - 10:00 AM**

**Thursday - 8:00 PM**

**Saturday - 2:30 PM**

# **Westport Matters: Fishing Regulations will air**

**Monday - 8:00 AM**  
**Thursday - 11:30 AM**  
**Friday - 1:30 pm**  
**Saturday - 6:30 PM**

**Christian Life  
Fellowship  
will air**

**Monday - 7:00 AM**

**Tuesday - 6:30 PM**

**Wednesday - 2:00 PM**

**Sunday - 9:00 AM**

# **Diman School Committee**

**will air**

**Sunday - 11:30 AM**

**Wednesday - 7:00 PM**

**Thursday - 5:30 AM**

**Friday - 6:00 AM**

# **Family Focus**

**will air**

**Monday - 5:30 PM**

**Tuesday - 6:00 PM**

**Wednesday - 1:30 PM**

**Thursday - 2:30 PM**

# **Feng Shui Today**

**will air**

**Monday 2:30 pm**

**Tuesday 12:30 pm**

**Thursday 9:30 pm**

**Friday 5:30 pm**

**Saturday 11:00 am**

# **Investigators of the Unknown**

**will air**

**Wednesday - 11:00 PM**

**Thursday - 10:00 PM**

**Friday - 11:00 PM**

**Saturday - 11:00 PM**

# **Just in Time**

**will air**

**Monday - 9:30 AM**

**Wednesday - 6:15 PM**

**Friday - 10:30 PM**

**Saturday - 5:00 PM**

# **Life Matters**

**will air**

**Sunday - 10:30 AM**

**Monday - 5:00 PM**

**Tuesday - 1:00 PM**

**Wednesday - 10:30 PM**

- What are the benefits of electronic medical records?
- How can these records improve patient care?
- What should patients know about EMRs?

## Electronic Medical Records: The Pros and Cons



*Massachusetts Medical Society*

Physician  
**FOCUS**

**This month on...**

# **Physician Focus**

**August:**

***Electronic Medical Records:  
The Pros and Cons***

**will air**

**Sunday - 7:30 PM**

**Monday - 2:00 PM**

**Tuesday - 7:30 PM**

**Wednesday - 1:00 PM**

# **Polka Time**

**will air**

**Wednesday - 3:00 PM**

**Thursday - 7:00 PM**

**Friday - 9:00 AM**

**Saturday - 8:00 AM**

# **South Coast Matters**

**will air**

**Monday - 7:00 PM**

**Tuesday - 5:30 PM**

**Thursday - 8:30 AM**

**Saturday - 3:30 PM**

# **Community Events and Notices**

# **3rd Annual Summer Bike Challenge is underway!**

**Join our 3rd Annual Summer Bike Challenge! Sign up today and join our team, South Coast Bikeway Alliance.**

**Ride a little, ride a lot.**

**Ride to school. Ride to Work.**

**Ride for fun, exercise or errands.**

**Just ride and record your miles.**

**Compete with yourself, family, co-workers and neighbors.**

**South Coast Bikeway Alliance**

**(508) 824-1367**

**[thesouthcoastbikeway@gmail.com](mailto:thesouthcoastbikeway@gmail.com)**

**[southcoastbikeway.com](http://southcoastbikeway.com)**

## **New Bedford Whaling National Historical Park offers free Summer Programming**

*Tours, garden talks, living history, concerts and more*

The summer of 2016 promises to be an engaging and activity-filled at New Bedford Whaling National Historical Park. All of the park's activities are free.

New Bedford has a long and fascinating history, filled with stories of whalemens going to sea for years at a time, wives left to run businesses, escaped slaves seeking freedom, and a connection to the sea that spans centuries.

The public is invited to explore this history through free guided tours, offered **seven days a week through**

**September 5.** Tours offered: 10:30 AM and 2:30 PM.

Tours leave from the Whaling National Historical Park's visitor center, 33 William Street, New Bedford.

# **New Bedford Whaling National Historical Park announces Thursday Night Concerts in the Park Series**

What better way to spend a summer evening than to take in a free concert in a garden setting? The concert takes place Thursday evening August 25, 6:30-7:30 in the Park's garden, 33 William Street, New Bedford. If inclement weather, the performance will be indoors.

**August 25: Wampanoag Singers and Dancers  
(Native American music)**

# **New Bedford Whaling National Historical Park offers free Summer Programming**

The park also hosts, in partnership with Working Waterfront Festival and the New Bedford Fishing Heritage Center, the Dock-U-Mentaries series.

Dock-U-Mentaries is a film series about the working waterfront, screened on the third Friday of each month beginning at 7:00 PM in the theater of New Bedford Whaling National Historical Park on **August 19.**

All programs are free and open to the public.

## August film to focus on sustainable seafood in the California fisheries

Dock-U-Mentaries Film, Friday, August 19<sup>th</sup>, 7:00 PM, 33  
William Street, New Bedford - *Of the Sea: Fishermen,  
Seafood & Sustainability* a new documentary film by Mischa  
Hedges.

Today, fishing is a rare and challenging way of life – Few California fishing families remain, due to complex regulations, high cost, and competition with cheap farmed and imported seafood. Struggling to revive a fading way of life, fishermen and entrepreneurs are creating new models for how to support sustainably produced seafood. In the film, we learn from fishermen about the Salmon, Black Cod, Sea Urchin, Crab and Squid fisheries, and the challenges they face. *Of the Sea* tells the story of five California fishermen, and shows how our seafood choices can influence ocean sustainability. Film maker Mischa Hedges will introduce the film and lead a discussion following the screening.

# **World War II Veterans Sought for Oral History Project**

Every day over 600 veterans pass away, and they take with them their stories - stories of their service and sacrifice. To that end, Aleutian World War II National Historic Area announces that it is seeking veterans to interview for its oral history project. While the National Historic Area is giving scheduling preference to Aleutian Islands veterans, it is happy to conduct interviews with other World War II veterans. If you or a veteran you know is interested in participating, please contact:

Joshua Bell, Park Ranger

New Bedford Whaling National Historical Park

33 William Street, New Bedford, MA 02740

508-996-4095 ext. 6106 [joshua\\_bell@nps.gov](mailto:joshua_bell@nps.gov)

## **World War II Veterans Sought for Oral History Project**

Interviews are conducted over the phone or in person at no cost. Veterans are entitled to complimentary print and digital copies of their interview. They also have control over how the interviews may be used by the Aleutian World War II National Historic Area.

During World War II the remote Aleutian Islands, home to the Unangan (Aleut) people for over 8,000 years, became a fiercely contested battleground in the Pacific. This thousand-mile-long archipelago saw invasion by Japanese forces, the occupation of two islands; a mass relocation of Unangax civilians; a 15-month air war; and one of the deadliest battles in the Pacific Theater. In 1996 Congress established Aleutian World War II National Historic Area to collect and share these stories. Learn more:

[www.nps.gov/aleu](http://www.nps.gov/aleu).

## **Beginner Yoga Program at New Bedford Whaling National Historical Park**

The free program is designed for those who have never tried yoga to do so with professional instructors. Sessions run Saturday mornings, 9-10 AM in garden, 33 William Street.

This series is designed for those interested in beginning a yoga practice. There are many benefits to practicing yoga.

They include: increased flexibility, increased muscle strength and tone, improved respiration, energy and vitality, weight reduction, cardio and circulatory health, and protection from injury. Yoga on Union instructors, Larissa Brum and Christian Kline, have a great deal of experience teaching and will create a safe, genuine and optimal learning environment for all participants. The last session will take place, free of charge, on August 20, weather permitting.

**Unveiling of 54th MA Regiment Brick Walkway**  
*Former Director of NPS to serve as keynote speaker*

Saturday, August 27th, 2:00-4:00 PM

The 54th Massachusetts Volunteer Infantry Regiment was one of the first federally recognized African American regiments that fought in the Civil War with an enlistment station for Company C adjacent to the U.S. Custom House. More than 60 men from New Bedford enlisted in Company C or other Companies of the 54th Regiment. A brick walkway with the names of New Bedford men enlisted with the 54th Regiment will be unveiled and dedicated to this accomplished and determined group of men at Custom House Park, New Bedford, steps away from where the recruiting station was once located. Robert G. Stanton, former Director of the National Park Service, will be the keynote speaker. For information please call New Bedford Historical Society, 508-978-8828, [Facebook.com/nbhistory](https://www.facebook.com/nbhistory).

## **National Park to host “Binding Wounds, Pushing Boundaries” Traveling Exhibit through September 10**

New Bedford Whaling National Historical Park will be hosting “Binding Wounds, Pushing Boundaries,” a free exhibit which explores the participation and contributions of African Americans as nurses, surgeons and hospital workers during the Civil War.

“Binding Wounds, Pushing Boundaries” will be on display in the National Park visitor center through September 10. Curator Jill L.

Newmark will speak on September 1, at the visitor center, 33 William Street, New Bedford, 6:00 PM. She will focus her presentation on the Powell family and their connections to New Bedford. The lecture is a joint event sponsored by the park and New Bedford Historical Society.

“Binding Wounds, Pushing Boundaries” is a traveling six-panel exhibit developed and produced by the National Library of Medicine with research assistance from the Historical Society of Washington, D.C. William P. Powell, Jr., born in New Bedford and son of William P. and Mercy (Haskins) Powell served as a contract Union surgeon during the Civil War.

New Bedford Whaling National Historical Park was established by Congress in 1996 to help preserve and interpret America's nineteenth century whaling industry. The park, which encompasses a 13-block National Historic Landmark District, is the only National Park Service area addressing the history of the whaling industry and its influence on the economic, social, and environmental history of the United States. The National Park visitor center is located at 33 William Street in downtown New Bedford. It is open seven days a week, from 9 AM-5 PM, and offers information, exhibits, and a free orientation movie every hour on the hour from 10 AM - 4 PM. The visitor center is wheelchair-accessible, and free of charge. For information, call the visitor center at 508-996-4095, go to [www.nps.gov/nebe](http://www.nps.gov/nebe) or visit the park's Facebook page at <http://www.facebook.com/NBWNHP>.

# Westport Council on Aging Events

**MEET & GREET Representative Paul Schmid**

**The First Monday of each Month, 9-10 am at the Center**

**LEGAL CORNER**

**10:00AM to 11:30AM by appointment only.**

Local attorney will hold 30 minute appointments.

# Westport Council on Aging Health Events

**BLOOD PRESSURE CLINIC** - 2nd Tuesday of month  
- 10:00 AM to 11:00 AM with a Nurse from Gentiva  
Home Health. NO FEE

# Westport Council on Aging

## SUPPORT GROUPS

### SUPPORT GROUPS

**Parkinson's Disease - 2nd Thursday** of month, 1:00 pm,  
Dartmouth COA, Dartmouth St., South Dartmouth

**Alzheimer's & Dementia Caregivers - 3rd Friday** of  
month, 11:00am-12:30pm, Family Resource Center, 45  
Rock St. Fall River - 508-775-5656

**Scleroderma - 3rd Tuesday** of month, 6:30 - 8:30 p.m.  
Stop & Shop 2nd floor Conference Room, 501 Rodman St,  
Fall River. Contact Christine T. Maroney 508-675-4152

**Grandparents Raising Grandchildren - 3rd Tuesday** of  
month, 6-8 p.m, 181 Hillman Street, Lower Level,  
New Bedford

Westport Council on Aging  
Multi-Level Chair Yoga  
Monday & Wednesdays, 12:45-1:45

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**T'AI CHI**  
Classes on Fridays  
12:30 - Advanced  
1:30 - Intermediate

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*Calling all bingo players*  
*Join us every Thursday 12:30 –2:30*  
*Coffee and Pastry served at break. New callers welcome.*

# Westport Council on Aging

## **WALKING-HIKING GROUP**

Every **Tuesday at 8:45AM** - leaves from Westport COA.  
Are you interested in walking / hiking with others who love the outdoors? Have you wanted to walk some of the wonderful trails in our area but have some reservations about heading out alone? Come to the WCOA on Tuesday morning and join the group.

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## **STROLLING GROUP**

**\*\*Stroll your way to fitness\*\***

Join us at the COA at 9 a.m. Thursday mornings to walk short distances at a relaxed pace with a group.

# Westport Council on Aging

## **OSTEOPOROSIS**

**Mondays, Wednesdays, Fridays - 9:45 AM - 11:00 AM**

An exercise for people with or at risk for Osteopenia/Osteoporosis or those who simply wish to remain strong. Participants will learn about osteoporosis and everyday activities that will improve their day to day lives. A physician form, available at the COA, that states this would be beneficial, is required. There are openings in the Monday, Wednesday & Friday sessions.

For more information contact the WCOA.

Instructor: Florence Wypych

# Westport Council on Aging

## **KNITTING & CROCHETING**

**Tuesday 1:00 PM**

If you're new to knitting/crocheting, this class is a great way to pick up new tricks and to always have someone ready to help you through difficult parts. This class is for knitters & crocheters of all skill levels. Committing to a group is a great way of making time for the craft and sticking with it. Class led by Gertrude Vigeant.

## **QUILTING**

**Thursdays at 1:00**

Preserve the art of quilting by gathering together to share quilting ideas and techniques. We create group quilts and assist one another with personal quilts & share ideas. The group is led by Valerie Schofield.

# Westport Council on Aging

## **Awaken the Artist Within**

**Join us for Art Classes at the COA**

**Wednesday 9:00—12:00**

Hosted by Robert Abele. Robert is a graduate of the School of Visual Arts. His paintings have appeared in numerous publications including the Washington Post and the New York times.

This class is designed as a workshop where all mediums are welcome. Watercolor, oil and colored pencil are just a few of the mediums used by students. Each student is given personal instruction and guidance based on the subject they are working on.

**Classes: \$40.00 per month, \$15.00 for a single class.**

# **Westport Free Public Library HOME DELIVERY SERVICE**

Know of a relative, friend or neighbor who is homebound and has no access to our local library?

**Introducing:**

## **OUTREACH TO THE HOMEBOUND**

The Westport Free Public Library now offers a Home Delivery Service of library books (some in **LARGE PRINT**), audio books, DVDs and more to homebound Westporters.

Library Home Delivery Service is available to Westporters unable to get to the library. For info. contact: **Westport Free Public Library**

# **Westport Food for Friends Food Pantry**

**Clamboil, September 9<sup>th</sup>**

**to raise funds to continue purchasing food items, in addition to the donations made to the Pantry. The clamboil will be held in the VFW in Fall River. If anyone is interested in purchasing tickets to support the food pantry, please call 774-201-0566.**

# **CAN YOU SPARE TWO HOURS TO PLAY WITH A HOMELESS CHILD?**

**Volunteers needed to play with young children living in shelters throughout Southeastern Massachusetts.**

Horizons for Homeless Children is a nonprofit organization dedicated to improving the lives of homeless children by providing quality play and opportunities for early education. Volunteer with homeless children at a Horizons Playspace in one of more than 100 family shelters state-wide including the New Bedford and Fall River areas. A commitment of 2 hours a week for 6 months and formal training are required.

**Upcoming volunteer training:**

**Saturday, September 24**

**9:30-12:30 - Brockton**

To find out more, view other training dates or to apply, call 508-510-3250, visit [horizonschildren.org/playspace](http://horizonschildren.org/playspace). Join us in giving homeless children a better tomorrow.

## **Round the Bend Farm**

**RTB's 2016 Workshop Schedule - All workshops run  
10:00am – 12:00pm, unless otherwise noted.**

**August 20<sup>th</sup> – DIY, Make your own Non-Toxic Cleaning Products. These are simple techniques that will save you money and keep your home free of chemical toxins.**

**September 17<sup>th</sup>– Seasonal Extensions. Get more out of your garden by extending your growing season.**

**For more information, go to**

**<http://roundthebendfarm.org/workshops/>**

**If you would like more information about RTB's workshops, farm days or scholarships, call 508.938.5089 or [info@roundthebendfarm.org](mailto:info@roundthebendfarm.org)**

## **Round the Bend Farm**

**RTB's 2016 Workshop Schedule - All workshops run 10:00am – 12:00pm, unless otherwise noted.**

**September 29th, 6:00-8:00pm - The Wonderful World of Essential Oils with Dr. Kelley Taylor. Learn what essential oils can do for you!**

**October & November are Fermentation Fervor months at RTB. Join RTB's fermentation specialist, Laura Killingbeck, for a 4-class fermentation series. Two time options are available, Thursday evenings or Saturday mornings. For information, go to <http://roundthebendfarm.org/workshops/>**

**If you would like information about RTB's workshops, farm days or scholarships, call 508.938.5089 or [info@roundthebendfarm.org](mailto:info@roundthebendfarm.org)**

# Round the Bend Farm

## RTB's Open Farm Day Calendar

**Open Farm Days**

**10:00am to 5:00pm**

**August 20<sup>th</sup>**

**September 17<sup>th</sup>**

**October 15<sup>th</sup>**

**November 19<sup>th</sup>, December 17<sup>th</sup>**

If you would like more information about RTB's workshops, farm days or scholarships, call 508.938.5089 or [info@roundthebendfarm.org](mailto:info@roundthebendfarm.org)

# - Spring and Summer Exhibits at the RJD -

Julia Smith Wood • A Creative Journey

Born in Dartmouth in 1890, Julia Smith Wood came of age in this era of uncharted growth and change. Graduating from both Dartmouth and New Bedford High Schools, she quickly outgrew her family's farmstead. She sought teacher's training at the area's first normal school and taught sixth grade. She married Richmond Wood in 1918. Though she had no children of her own she supported the New Bedford Day Nursery and may well have known of Amelia H. Jones, an earlier proponent of care for children and the founder of Sol-e-Mar Children's Hospital. Unable to continue teaching once she was married, she enrolled as a student at the Swain Free School of Design.

The exhibit is a sequel to last year's exhibit that featured other notable New Bedford ladies. The objects are on loan from Marcia Cornell-Glynn, grandniece of Julia Wood Smith.

# Summer Concert at the RJD

Thursday, August 25th • 7:00 pm

Music of the 70s:

From Joni Mitchell to the Bee Gees

If you loved last summer's Swingin' 60's concert, than this is the show for you! From folk rock to disco and everything in between. Relive the era of leisure suits and shag carpet with songs of that first appeared in the 1970s. From *So Far Away* to *I Will Survive*, you won't want to miss a beat! Gates open at 6:30 pm; picnics welcome. The concert will be held rain or shine. Tickets: \$20 pre-purchased; \$25 at the door.

# **Garden Exhibit at the RJD - Lost Gardens of New England**

A special exhibit at the RJD revisits some of New England's grandest historic private landscapes. Lost Gardens of New England, organized by Historic New England, offers a visual exploration of the region's rich heritage of garden design. More than 40 images illustrate the major themes of American landscape history. Watercolors, historic photographs, prints and landscape drawings provide insight into how these gardens were conceived by their creators. The images in this exhibition capture each garden at a single moment in time. In many cases, these views are the only record of a specific garden's existence. Today, some of the gardens are parking lots, others lie in ruins. Some have the potential for renewal. The images preserve the legacy of New England's landscapes and provide inspiration.

The exhibit runs through October 30th.

**The Rotch-Jones-Duff (RJD) House & Garden Museum was built in 1834 for whaling merchant William Rotch Jr. This Greek Revival mansion, located on a full city block of formal gardens, is a National Historic Landmark, one of only 2,500 currently so named in the Nation. The period rooms of the house chronicle 150 years of economic and social evolution of the city, as reflected in the residences of the Rotch, Jones, and Duff families. The Museum is located at 396 County Street; free parking available on Madison Street, Seventh Street and Joli Gonsalves Way. Open Monday through Saturday, 10:00 a.m. to 4:00 p.m. and Sunday, noon to 4:00 p.m. For additional information, please call 508-997-1401 or visit the Museum's website at [www.rjdmuseum.org](http://www.rjdmuseum.org)**

**Southcoast Health's Calendar:**

**FREE SUPPORT GROUPS**

**ONCOLOGY: for cancer patients and caregivers.**

**FALL RIVER, Southcoast Centers for Cancer Care,  
506 Prospect Street, Fall River**

**Breast Cancer Support Group West**

**For patients with a breast cancer diagnosis.**

**Call Susan Domingue, LICSW at 508-973-7810.**

**Colorectal Support Group**

**For patients with a diagnosis of colorectal cancer**

**Call Susan Domingue at 508-973-7810 for details.**

**Lung Cancer Support Group**

**For patients with a lung cancer diagnosis.**

**Call Susan Domingue, LICSW at 508-973-7810.**

**Support for Supporters**

**For caregivers of patients with cancer.**

**Call Susan Domingue, LICSW at 508-973-7810.**

**Southcoast Health's Calendar:**

**FREE SUPPORT GROUPS**

**ONCOLOGY: for cancer patients and caregivers.**

**FAIRHAVEN, Southcoast Centers for Cancer Care,  
206 Mill Road, Fairhaven**

**Breast Cancer Support Group East**

**For patients with a breast cancer diagnosis.**

**Call Linda Casey, LICSW at 508-973-3000.**

**Under 50 Cancer Support Group**

**For patients with any cancer diagnosis.**

**Call Linda Casey at 508-973-3000 for details.**

**Lung Cancer Support Group**

**For patients with a lung cancer diagnosis**

**Call Susan Domingue, LICSW at 508-973-7810.**

**Support for Supporters**

**For caregivers of patients with cancer.**

**Call Susan Domingue, LICSW at 508-973-7810.**

Southcoast Health's Calendar:  
**FREE SUPPORT GROUPS**

**OSTOMY SUPPORT GROUP: For people with ostomies, their family members and friends. Meetings include an educational topic and provide time for questions, discussion and sharing among group members in a confidential, non-threatening environment.**

**FALL RIVER**

**Friday, August 26, from 2 to 3 p.m.**

**Charlton Memorial Hospital, 506 Prospect Street, Fall River**

***Mooney Room (Center for Cancer Care entrance)***

**Call Tina McDonald, at 508-679-3131 x 27509 for details**

Southcoast Health's Calendar:  
**FREE SUPPORT GROUPS**

**PARENTS ENDURING GRIEF**

**Offering hope and encouragement to families that have experienced a loss of a child. Experienced nurses and a clinical social worker are available during the meeting.**

Southcoast Health's Calendar:  
**FREE SUPPORT GROUPS**

**BEREAVEMENT SUPPORT GROUPS**

**Registration preferred. Contact Bereavement Manager,  
Lindsay Coe, LCSW, 508-973-3227 for information.**

**General Bereavement: adults grieving loss of loved one.**

Southcoast Health's Calendar:  
**FREE SUPPORT GROUPS**

**BEREAVEMENT SUPPORT GROUPS**

**Registration preferred. Contact Bereavement Manager,  
Lindsay Coe, LCSW, 508-973-3227 for information.**

**Widows and Widowers Group for adults grieving the loss  
of a partner.**

**SOMERSET**

**Tuesday, August 23, from 3:30 to 5 p.m.**

**Somerset Library, *Shipyard Room***

**1464 County Street, Somerset**

Southcoast Health's Calendar:  
**FREE SUPPORT GROUPS**

**BEREAVEMENT SUPPORT GROUPS**

**Registration preferred. Contact Bereavement Manager,  
Lindsay Coe, LCSW, 508-973-3227 for information.**

**Children's Bereavement Group**

**For children ages 6 – 18 who have suffered any type of  
loss.**

## Southcoast Health's Calendar:

**Child Birth and Family Education classes**

**Birthing Bootcamp**

**Childbirth Classes for Young Parents (ages 12 to 17)**

**Refresher Childbirth Classes**

**Registration required. Register during the 16th week (10 to 12 weeks for multiples) of pregnancy. Not all classes offered at all locations. Many insurance companies will reimburse the cost of classes. Contact insurance company.**

**Charlton Memorial Hospital, 363 Highland Ave., Fall River  
Gina Kiser, RN, BSN, CCE, 508-973-7308,  
kiser@southcoast.org**

**St. Luke's Hospital, 101 Page Street, New Bedford  
and**

**Center for Women's Health, 300B Faunce Corner Road,  
Dartmouth, Contact:**

**Patty VanDenBerghe, RN, BSN, CCE, 508-961-5445  
vandenberghpa@southcoast.org**

## Southcoast Health's Calendar:

**Breast-Feeding Basics - Please call to register.**

**Charlton Memorial Hospital**

**363 Highland Avenue, Fall River**

**Call Gina Kiser at 508-973-7308 for details.**

**St. Luke's Hospital**

**101 Page Street, New Bedford, MA**

**Call Patty VanDenBerghe at 508-961-5445 for details.**

**Infant and Child CPR for Families and Friends**

**This pediatric CPR course covers techniques for newborns to 8 year olds. \$40 per person or \$60 for two people. Pre-registration required.**

**Center for Women's Health**

**300B Faunce Corner Road**

**Dartmouth, MA**

**Call Patty VanDenBerghe at 508-961-5445 for details.**

# Southcoast Health's Calendar:

## **Breastfeeding Support Group**

**A place for breastfeeding mothers to come for physical, mental and emotional support. The class is facilitated by a lactation consultant/councilor. There is no charge and registration is not required. Drop-ins and their female support people are welcome.**

**Center for Women's Health**

**300B Faunce Corner Road**

**Dartmouth, MA**

**Call Patty VanDenBerghe at 508-961-5445 for details.**

## Southcoast Health's Calendar:

### **WEIGHT LOSS SEMINARS**

### **BARIATRIC INFORMATIONAL SESSIONS**

**Free informational sessions on the risks and benefits of weight loss surgery, known as bariatric surgery.**

**To register for a free seminar call 508-273-4900. For information on the Southcoast Center for Weight Loss visit [www.southcoast.org/weightloss](http://www.southcoast.org/weightloss)**

### **TAUNTON**

**Wednesday, August 24 at 7 p.m.**

**Holiday Inn – Taunton, 700 Myles Standish Blvd, Taunton**

### **FALL RIVER**

**Thursday, August 25 at 7 p.m.**

**Charlton Memorial Hospital, 363 Highland Ave., Fall River**

## Southcoast Health's Calendar:

### **WEIGHT MANAGEMENT INFORMATIONAL SESSION**

**The free informational session will review the different non-surgical weight loss options offered at the Southcoast Center for Weight Loss. The sessions include information on Optifast, a weight loss program which combines lifestyle education, meal replacements, medical management and individual and group counseling. The sessions include information on a non-meal replacement option program called 3C's for Success (Commit, Challenge, Change).**

### **WAREHAM**

**Thursday, August 25 at 5 p.m.**

**Rosebrook, 100 Rosebrook Way**

**Wareham, MA**

***Third floor conference room***

**For information or to register for a session, 508-525-3114.**

# Southcoast Health's Programs:

## **MEDICAL FITNESS/REHABILITATION PROGRAMS**

### **FALL RIVER, NEW BEDFORD & WAREHAM**

#### **Medical Fitness Program**

**This individualized exercise program is designed for those with cardiovascular disease, congestive heart failure, cancer, diabetes, peripheral vascular disease, high blood pressure, overweight and chronic orthopedic conditions. The program is offered for \$60 per month at three classes a week or for \$40 per month with two classes a week. A doctor's prescription is required to participate.**

#### **Cardiac Rehabilitation**

**An ongoing, structured exercise and education outpatient program for individuals recovering from heart attack, heart surgery, heart disease or are high risk. Physician referral required. Cost is covered by most insurances.**

## Southcoast Health's Programs:

### **MEDICAL FITNESS/REHABILITATION PROGRAMS**

**Southcoast® Health will offer the following medical fitness and rehabilitation programs.**

#### **Pulmonary Rehabilitation**

**This is a structured exercise and education program with oxygen saturation monitoring during exercise. It is designed for individuals with pulmonary diseases including asthma, bronchitis, emphysema and COPD. The cost of the program is covered by most insurances. Meets year-round. Physician referral required.**

**These classes are being offered at Durfee Union in Fall River, St. Luke's Hospital in New Bedford and Tobey Hospital in Wareham. Call 508-961-5435 for details.**

**[www.southcoast.org](http://www.southcoast.org) Connect to Southcoast Health through social media at [www.southcoast.org/connect/](http://www.southcoast.org/connect/)**

**Southcoast Health to hold weekly walks with a diabetes educator in Fall River with diabetes educator Michael See, MS, CDE, Thursdays, 5 p.m. on the Quequechan River Rail Trail in Fall River's Britland Park, off Pleasant Street.**

**Low levels of physical activity are key risk factors for developing type 2 diabetes and chronic diseases.**

**Diabetes educators are experienced healthcare professionals who have special knowledge and skills to help manage all aspects of diabetes.**

**All walking abilities are welcome. The sessions will start at a beginner's pace and progress gradually. All participants are welcome to join any week throughout the summer and fall.**

**For information, call 877-212-9135, email [diabetesmgt@southcoast.org](mailto:diabetesmgt@southcoast.org) or visit [southcoast.org/diabetes](http://southcoast.org/diabetes).**

## **The Southcoast® Wellness Van community screenings and vaccinations.**

**The Southcoast Wellness Van upholds Southcoast Health's mission to promote the optimal health and well-being of individuals in the communities it serves. Southcoast Health focuses its attention on increasing access to services and caring for the entire population through wellness initiatives and disease management,**

**The Southcoast Wellness Van travels across the region bringing health screenings into the communities of Southeastern Massachusetts.**

**Free mobile health services available by the staff include:**

- Cancer screenings and education.**
  - Blood pressure screening.**
  - Cholesterol screening**
  - Teen resource information**
  - Glucose (diabetes) screenings.**
- Nutritional information and education.**
  - Health education services.**
  - Medical physician referral.**
  - Vaccinations.**

**Screenings are sometimes held at community locations and not always on the van. Look for signs if you do not see the van.**

**NEW BEDFORD**

**Friday, August 19**

**Fort Taber**

**1000 Rodney French Blvd., New Bedford**

***Health Screenings & Vaccines***

**10 a.m. to 3:30 p.m.**

**NEW BEDFORD**

**Sunday, August 21**

**Boys And Girls Club of New Bedford**

**166 Jenny Street, New Bedford**

***Health Screenings & Vaccines***

**11 a.m. to 3 p.m.**

**To schedule free screenings, call Susan Oliveira, RN, 508-973-8740 or email [oliveiras@southcoast.org](mailto:oliveiras@southcoast.org). Check schedule: [www.southcoast.org/van/](http://www.southcoast.org/van/) or subscribe to daily notices on Twitter, Facebook and RSS feeds.**

**Screenings are sometimes held at community locations and not always on the van. Look for signs if you do not see the van.**

**NEW BEDFORD**

**Tuesday, August 23**

**Brickenwood**

**Harvard St, New Bedford**

***Health Screenings & Vaccines***

**10 a.m. to 3 p.m.**

**FAIRHAVEN**

**Wednesday, August 24**

**Walmart**

**42 Fairhaven Cmns., Fairhaven**

***Health Screenings & Vaccines***

**9 a.m. to 3 p.m.**

**To schedule free screenings, call Susan Oliveira, RN, 508-973-8740 or email [oliveiras@southcoast.org](mailto:oliveiras@southcoast.org). Check schedule: [www.southcoast.org/van/](http://www.southcoast.org/van/) or subscribe to daily notices on Twitter, Facebook and RSS feeds.**

**Screenings are sometimes held at community locations and not always on the van. Look for signs if you do not see the van.**

**NEW BEDFORD**

**Thursday, August 25**

**Presidential Heights**

**Community Room Filmore Street, New Bedford**

***Health Screenings & Vaccines***

**11 a.m. to 5 p.m.**

**ONSET**

**Friday, August 26**

**Onset Pier**

**184 Onset Ave., Onset**

***Health Screenings & Vaccines***

**10 a.m. to 3:30 p.m.**

**To schedule free screenings, call Susan Oliveira, RN, 508-973-8740 or email [oliveiras@southcoast.org](mailto:oliveiras@southcoast.org). Check schedule: [www.southcoast.org/van/](http://www.southcoast.org/van/) or subscribe to daily notices on Twitter, Facebook and RSS feeds.**

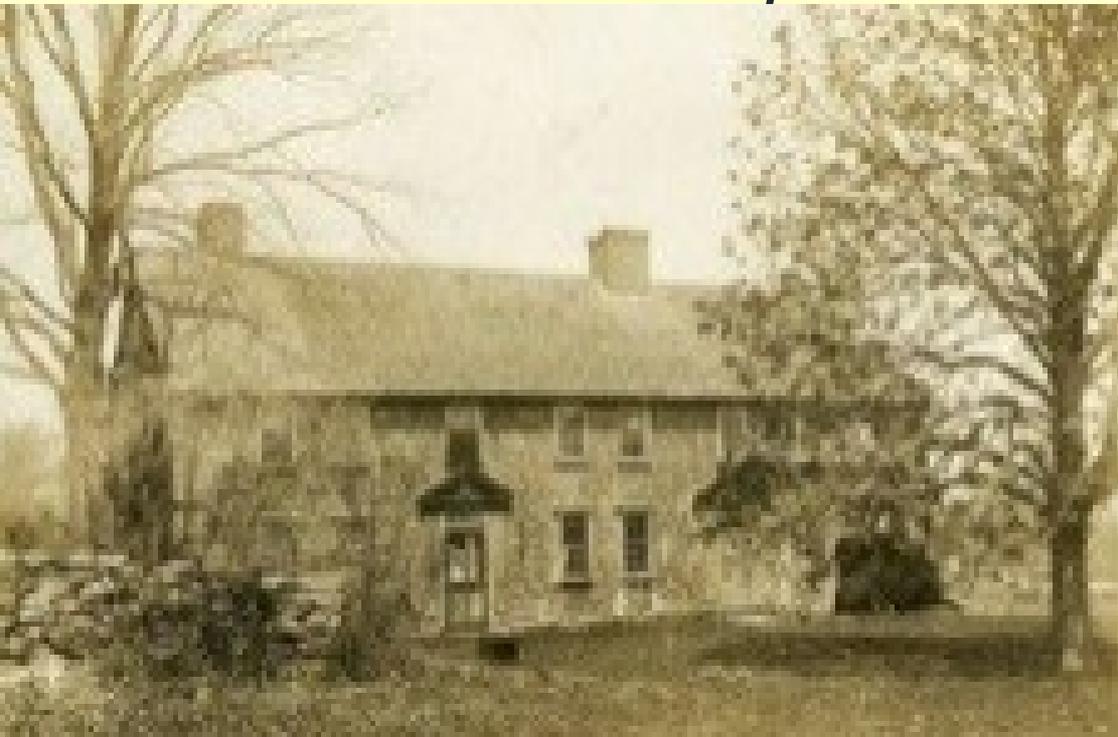
# Westport Cultural Council *Sponsored Events*

*Summer months - ongoing*

## *Westport Historical Society*

*Discovery House and Handy House*

*Backpack Adventures*



*[www.wpthistory.org](http://www.wpthistory.org)  
for more details.*

# Westport Cultural Council



Join us  
August 26 at 7pm  
for the film  
"Man On Wire"

Westport Cultural Council 2016 Summer Film Series at the Dedee Shattuck Gallery

# Westport Library Summer Hours

<b>Monday</b>	<b>12-8:30</b>
<b>Tuesday</b>	<b>10-5</b>
<b>Wednesday</b>	<b>10-5</b>
<b>Thursday</b>	<b>12-8:30</b>
<b>Friday</b>	<b>10-5</b>
<b>Saturday</b>	<b>closed until Sept. 10th</b>

**August Exhibits - Westport Library  
Art Show "SUMMER ON THE  
RIVER" landscapes by Varick Niles  
Show through August 31  
Manton Community Room  
Call 508-636-1100 for information.  
Exhibits open during Library hours.**

# **August Exhibits - Westport Library**

**Helen E. Ellis Case: Westport Needleworkers share their craft through sewing and needlepoint with a summertime theme. The Westport Needleworkers meet twice a month at the Library.**

**New members always welcome.**

**Call 508-636-1100.**

**Exhibits open during Library hours.**

# **Westport Free Public Library**

**accepting book donations  
through August  
during library hours in  
lobby donation bin.  
Info - 508-636-1100**

## **Westport Fishermen's Association**

**33rd Annual Clambake & Raffle, Sunday, Sept. 11, Little Compton Game Club, John Dyer Road**

**Traditional seaweed & rock bake with clam, lobster & clam or double lobster/no clam options! Assorted vegetables, meats, fish, homemade brown bread and stuffing.**

**Watermelon to finish. Cash Bar - Beer, wine, soda, water.**

### **50/50 Raffle**

**Pick-a-Prize Raffle - Gift Baskets, Unique Handcrafted Items, Gift Certificates and more**

**Boat Raffle - hand built 18" cedar strip sea kayak**

**Chowder at Noon. Bake served at 2 PM.**

**Regular Clambake - \$40; Lobster & Clam Bake - \$50 or Double Lobster/No Clams - \$50. Order by - Sept. 6th.**

- Reserve online via PayPal at [www.westportriver.org](http://www.westportriver.org)
- Mail check & email address to WFA, PO Box 83, Westport Point, MA 02791.

**Order confirmation by email. Your tickets will be at door.**

**Contact us at [wfa@westportriver.org](mailto:wfa@westportriver.org) or 774-264-9200.**

***All proceeds support WFA mission to protect Westport River & its marine habitat.***

# **Auxiliary of Charlton Memorial Hospital 2016 scholarship winners**

**\$5,000 in scholarship awards for Greater Fall River students who are pursuing careers in healthcare.**

- **John Augustine, graduate of Apponequet Regional High School entering Quinnipiac University to become a physical therapist.**
- **Mitchell Lavoie, graduate of Somerset-Berkley Regional High entering Boston College, pre-med and biology to become a doctor.**
  - **Timothy Murray, graduate of Tiverton High entering Wentworth Institute of Technology to become a biomedical engineer.**
- **Alison Shaw, graduate of Westport High School, attending UMass Dartmouth to become a registered nurse.**
- **Leann Teodoro, a graduate of Durfee High School entering Salve Regina University to become a registered nurse.**

On Tuesdays, from 10 - 10:45 a.m.  
come and enjoy **Story Hour** for ages  
3 and up followed by free-play.

The program consists of stories on a  
different theme each week, music,  
puppets, finger-plays, poetry and a  
simple take-home craft project.

Registration is ongoing.

Speak with Mrs. Cunha, Children's  
Librarian, at 508-636-1100.

A **Lap-Sit** story program for little tots under 3 years of age who love books is held on Wednesdays, 10 - 10:30 a.m. This program consists of music, finger-plays, a brief story, puppets and nursery rhymes. Program is suitable for a caregiver and child to participate together. The Lap-Sit program is followed by an opportunity to enjoy free-play. Contact the library, or stop by 408 Old County Road.

**Real estate bills  
due Monday,  
August 1, 2016.**

All tested swimming areas in Westport are open.

Robert Street Beach is closed for the season.

**This is the final monthly beach testing for this year.**

Areas tested this week:

Baker's Beach, C.K. Beach, Cherry & Webb Beach, Elephant Rock Beach, East Beach, Howland Beach, Spindle Rock Beach, Yacht Club Beach, Town Beach

WESTPORT BOARD OF HEALTH



## Home Modification Loan Program information available at Westport Housing Assistance Office

The Westport Affordable Housing Trust Fund reminds residents that low-interest and no-interest loans for home improvements designed to improve accessibility for elders and people with disabilities are available through the Massachusetts Rehabilitation Commission's Home Modification Loan Program.

In addition to serving those with physical limitations, the program has expanded to serve individuals with cognitive, developmental and neurological disabilities, and those with chemical sensitivities. These loans allow homeowners to make improvements needed for them to remain in their homes, and must specifically relate to a person in the household's ability to function on a daily basis. Continued next page.

# **Beach Passes**

**Forms for Beach passes are available outside the Town Clerk's office. Forms must be mailed in; passes will not be issued in person.**

**\$30.00 for residents under age 65.**

**\$15.00 for 65 and over.**

**Passes valid from January 1 to December 31 and a new pass is required each year. A new pass is required for this year's beach season. Last year's is not valid.**

**Passes are for Cherry & Webb, East Beach and Town Beach (along side the yacht club).**

## **COMMITTEE VACANCIES**

ANYONE INTERESTED IN SERVING IS ASKED TO  
SUBMIT A LETTER REQUESTING APPOINTMENT  
AND A RESUME TO THE BOARD OF SELECTMEN'S  
OFFICE WESTPORT TOWN HALL, 816 MAIN ROAD,  
WESTPORT, MA 02790 OR EMAIL YOUR REQUEST  
TO: PELLANDD@WESTPORT-MA.GOV

### **CURRENT VACANCIES:**

<b>Energy Committee</b>	<b>1 Vacancy</b>
<b>Fence Viewers</b>	<b>2 Vacancies</b>
<b>Westport Affordable Housing Trust</b>	<b>3 Vacancies</b>

**As of April 5, 2016**

# **A MESSAGE FROM THE WESTPORT POLICE DEPARTMENT**

Thank you, to everyone who voted. The ballot question passed with 61% of the voters saying  
**YES!!**

Congratulations!! to all the citizens of Westport. You have long had a Police Department that you could be proud of, now you will have a building to match.

Now that the funds are approved, I look forward to the hard work ahead of me to bring the vision to reality.

I will keep you posted as the project progresses.  
Congratulations!! and thank you

# Upcoming Elections

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**State Primary –  
Thursday, September 8, 2016**

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**Presidential Election -  
Tuesday, November 8, 2016**

# **Roadway Improvements for 2016**

**Below is a list of roads currently listed for roadway improvements.**

**Please be advised, this list is subject to change.**

**This list will be updated as needed.**

**Adamsville Road, Brian Street, Briggs Road, Charlotte White Road, Dogwood Lane, Drift Road, Fernmarsh Lane, Forge Road (N), Forysthia Lane, Gifford Road, Heritage Drive, Milk Avenue, Oakland Street, Old Bedford Road, Register Avenue, Russell Avenue, Union/Grove Street, Wind Rush Lane**

# **REMINDER**

**HIX BRIDGE BOAT RAMP PERMITS  
ARE AVAILABLE FOR 2016.  
RESIDENT ONLY USE.**

**PERMITS ARE AVAILABLE IN THE  
SELECTMEN'S OFFICE  
TOWN HALL - 816 MAIN ROAD**

**COST: \$10.00 PER VEHICLE  
VEHICLE REGISTRATION IS  
NEEDED TO APPLY.**

Ticks can spread Lyme disease and other infections. The Centers for Disease Control and Prevention would like to remind you to wear bug repellent when outdoors, shower as soon as possible after coming indoors and check your whole body for ticks--every day. If you've been bitten by a tick and develop fever, rash or fatigue, seek medical care. To learn more, visit [www.cdc.gov/lyme](http://www.cdc.gov/lyme).

Tick Identification Cards and Prevention Brochures are available at the BOH Nurse's Office in the Town Hall Annex. 508-636-1030.

# **IMPORTANT PHONE NUMBERS DURING EMERGENCIES**

Eversource 1-800-592-2000

New England Gas Co. 1-800-544-4344

National Grid 1-800-548-8000

Verizon 1-800-870-9999

## **FOR EMERGENCIES DIAL 911**

Westport Police Department 508-636-1122 (non-emergency /  
routine business)

Westport Fire Department 508-636-1110 (non-emergency /  
routine business)

Westport Highway Department 508-636-1020 (non-emergency /  
routine business)

If a power line is down, do not touch it.

Please call the power company at the number listed above.

**The federal Fair Housing Act prohibits discrimination in housing on the basis of race, color, national origin, religion, disability, sex, and familial status (presence of children). The Massachusetts fair housing law also prohibits discrimination in housing on the basis of marital status, age, military or veteran status, sexual orientation, gender identity, receipt of public assistance or the use of a housing voucher (Section 8), and genetic identity.**

**If you feel you have experienced discrimination, or would like more information, contact your local fair housing organization:**

**SouthCoast Fair Housing  
(774) 473-8333**

**Or visit: [SouthCoastFairHousing.org](http://SouthCoastFairHousing.org)**

**Affordable Housing Assistance Office**

**Town Hall, Second Floor**

**OPEN ON WEDNESDAYS:**

**10:00 - 4:00 PM**

**OR CONTACT BY PHONE OR EMAIL BELOW**

**Leonardi Aray, AIA, Housing Specialist**

**Tel. 774-264-5126 or 617-270-3912**

**leonardi@larayarchitects.com**

**A place for the public to find information  
about the Affordable Housing Trust and  
potential projects.**

**Local residents may schedule a time to  
meet with the Housing Specialist.**

## Home Modification Loan Program information available at Westport Housing Assistance Office

The Westport Affordable Housing Trust Fund reminds residents that low-interest and no-interest loans for home improvements designed to improve accessibility for elders and people with disabilities are available through the Massachusetts Rehabilitation Commission's Home Modification Loan Program.

In addition to serving those with physical limitations, the program has expanded to serve individuals with cognitive, developmental and neurological disabilities, and those with chemical sensitivities. These loans allow homeowners to make improvements needed for them to remain in their homes, and must specifically relate to a person in the household's ability to function on a daily basis. Continued next page.

## Home Modification Loan Program information available at Westport Housing Assistance Office

The Home Modification Loan program provides loans up to \$30,000, depending on household income, to homeowners seeking to make accessibility modifications to their homes.

For information on the Home Modification Loan Program, visit Mass. Rehabilitation Commission program website: [www.mass.gov/mrc/hmlp](http://www.mass.gov/mrc/hmlp) or call 1-800-245-6543 (Voice/TDD). The service provider agency for this region is the South Middlesex Opportunity Council ([www.smoc.org](http://www.smoc.org)) (508) 202-5919, or email to [aallen@smoc.org](mailto:aallen@smoc.org).

Information is also available at Westport Housing Assistance Office, Town Hall, Wednesdays from 10-4, or call (774) 264-5126, ext. 2026, or (617) 270-3912.

# **MATTRESS RECYCLING PROGRAM GRANT**

**The Westport Transfer Station & Recycling Center has a grant to participate in a new recycling program for mattresses. The disposal fee is reduced to \$5 for any size mattress or box spring for residents only. To be eligible for this program and fee, the mattress must meet certain conditions.**

## ***Not* Acceptable conditions or types:**

- **Bug infested**
- **Soiled/moldy**
- **Futons**
- **Mattress pads or toppers**
- **Air/water beds**
- **Wet/frozen**
- **Torn or broken/crushed**
- **Fold-out sofa bed**
- **Infant sleeping pads,**
- **Commercial/retail oriented**

**A mattress or box spring that does not meet the program conditions will be treated as trash and assessed our regular fee of \$10 for twin and \$15 for larger.**

**Thank you, Westport Board of Health 508-636-1015**

# **VOLUNTEERS NEEDED TO VISIT HOSPICE PATIENTS**

Compassionate Care Hospice serves terminally ill patients in Southeastern Massachusetts. Hospice volunteers serve as members of the hospice team by sharing skills and interests in support of patients, families and caregivers. Volunteer assistance helps, comforts and enriches the quality of life for the patients and families we are privileged to serve. Training is free and volunteers can serve in a variety of ways – companionship for patient, respite for caregiver, assistance with errands, as well as complementary therapies such as reiki, massage or pet therapy. Being able to assist people as they near the end of life is rewarding beyond compare. Become a hospice volunteer...our patients need you!!! Call Jeannine Hight, Volunteer Coordinator at 508-399-5900 or email [jeannine.hight@cchnet.net](mailto:jeannine.hight@cchnet.net)

**Your open door is hope!**

**Become a foster parent.**

**Dare Family Services is seeking caring families to provide foster care for area children. While helping a child, you will receive excellent training, 24 hour support and a tax free stipend toward the child's care.**

**For more information, call 508-802-9515 or visit [www.darefamily.org](http://www.darefamily.org).**

**Dare Family Services is a nonprofit agency which provides foster care for children throughout Massachusetts.**

# **TOWN OF WESTPORT**

**The Westport Housing Authority operates a 48-unit complex known as Greenwood Terrace conveniently located on State Road across from Westport Plaza. All units are two-rooms (1 bedroom) suitable for one person or a couple. This affordable housing is available to applicants at least 60 years of age or disabled with income not to exceed \$41,000 for one person, \$46,850 for two people.**

**Rent is based on 30% of the residents' income (heat and electric are included).**

**Stop by for an application at 666 State Rd, Westport.**

**Hours are Monday – Friday from 9 – 12.**

# **PUBLIC NOTICE**

## **TOWN OF WESTPORT, MASSACHUSETTS**

**The following fees will become effective on July 01, 2016**

### **BOARD OF SELECTMEN**

<b>Car Lot Inspections -</b>	<b>Initial Inspection</b>	<b>\$ 0.00</b>
	<b>Re-Inspection</b>	<b>\$ 50.00</b>
	<b>2<sup>nd</sup> Re-Inspection</b>	<b>\$ 75.00</b>
	<b>3<sup>rd</sup> and subsequent Re-Inspections</b>	<b>\$ 100.00</b>

### **CEMETERY DEPARTMENT**

<b>Grave Box</b>	<b>\$ 580.00</b>
<b>Outside Vendor Grave Box</b>	<b>\$ 150.00</b>

### **COUNCIL ON AGING**

<b>Aerobics</b>	<b>\$ 35.00 per month</b>
<b>Stretch &amp; Tone</b>	<b>\$ 25.00 per month</b>
<b>Yoga</b>	<b>\$ 5.00 per class</b>
<b>Chef on a Shoe String</b>	<b>\$ 18.00 for 6 sessions</b>
<b>Social Day Transport. (BES &amp; Private Non-Resident)</b>	<b>\$ 18.50 /day</b>

# **Congressman William Keating**

**Serving the residents of Massachusetts 9<sup>th</sup>**

**Congressional District**

**If you need help**

**Social Security Benefits**

**Veterans Benefits**

**Mortgage Modification / Foreclosure /**

**Passport / Visa / Citizenship**

**Contact our South Coast District Office**

**558 Pleasant Street, Suite 309 New Bedford, MA**

**02740**

**Phone: 508-999-6462**

# **INFORMATION ON HISTORIC SITES IN WESTPORT**

**Buildings, Areas, Landscapes,  
Structures and Burial Grounds**

**Go to: <http://mhc-macris.net/>**

**Details on Burial grounds (Beech Grove still in  
progress)**

**Go to:**

**<http://westport.loreprojects.com/home.cfm>**

**Westport Animal Control is  
under the direction of The  
Westport Police Department.  
All calls for service can be  
requested by calling the  
Westport Police business  
line at 508-636-1122.**

**Westport Animal Control is in need of lightly used towels and sheets. These items can be left at the police station or can be picked up. Contact animal control - 508 636 1122. Animal Control is also in need of a 4 drawer locking filing cabinet in good condition.**

**Low Cost**

**Spay and Neuter  
Services for cats and dogs**

**For more information or to  
schedule an appointment call:**

**877-590-7729.**

**Animal Rescue League of Boston**

# **Micro Chip Clinic**

**1<sup>st</sup> Friday of Each Month**

**10:00 a.m. - Noon**

**Forever Paws Animal Shelter**

**Lynwood Street, Fall River**

**\$40.00**

**24 HOUR  
EMERGENCY  
INFORMATION LINE**

**774-264-5155**

**\*Messages will be updated as needed\***

**Emergency Management  
Fire Chief Brian Legendre**

Westport Cultural Council  
*Seeking new members!*

If you are enthusiastic about the arts and humanities and are looking for the opportunity to contribute in your community, contact us for more information!

*info@westportculturalcouncil.org*

# Westport Cultural Council

Meetings generally take place on weekday evenings.

We welcome people with energy, creativity and ideas. Artistic talent or experience is not required but ability to use email is. Please join us today!

To apply, please send a letter requesting appointment to the Westport Cultural Council to the Board of Selectman, Town of Westport, 816 Main Rd., Westport, MA 02790. Your letter should describe your interest and qualifications.

For further information, visit  
[www.westportculturalcouncil.org](http://www.westportculturalcouncil.org)

# Westport Cultural Council

Are you a resident of Westport who is looking for a way to make a difference in the quality of life in your town?

As a volunteer member of the Westport Cultural Council you will be part of a small but active group that supports artists, musicians, dancers, theater groups, historians, educators, naturalists and others seeking funding for cultural events and programs. The council, which is sponsored by the Town of Westport and the Massachusetts Cultural Council, administers two important grant programs -- the state Local Cultural Council program and the Helen E. Ellis Charitable Trust. Volunteers must commit to a three-year term, and are required to attend approximately 12-14 meetings throughout the year and selected programs funded by the Council.

**Town of Westport**

**Board of Health**

**Nursing Department**

**Hours: Monday, Tuesday & Thursday**

**8:00 am – 4:00 pm**

**Phone: 508-636-1030**

**Town Nurse: Kathleen Burns, R. N.**

**Health care services available to all**

**Westport Residents.**

Most parents today have never seen first-hand the devastating consequences that vaccine-preventable diseases can have on a child or family. Thanks to vaccines, many of these diseases are not common in the U.S., but they persist around the world. That's why we need to remind parents that vaccinations are still the best way to protect their children from 14 vaccine-preventable diseases.

CDC recently launched a new web-site <http://www.cdc.gov/vaccines/parents> with easy-to-find vaccine information.

**Immunizations or vaccinations** aren't just for babies and young kids. We all need shots to help protect us from serious diseases and illness. Everyone age 6 months and older needs a seasonal flu shot every year.

### **Young children:**

- Children under age 6 get a series of shots to protect against measles, polio, chicken pox and hepatitis.

### **Pre-teens and teens:**

- Pre-teens need shots at age 11 or 12 to help protect them from tetanus, diphtheria, whooping cough, meningitis, and HPV (human papillomavirus).
  - Teens need a booster shot at age 16 to help protect them from meningitis.

## **Adults:**

- \*All adults need a booster shot every 10 years to protect against tetanus and diphtheria.
- \*People age 65 or older need a one-time pneumonia shot.
- \*Talk to your doctor or nurse about which shots you and your family need.

**Adults need vaccines, too.**

**We all need protection from the serious, and sometimes deadly, diseases that can be prevented by vaccines.**

**Ask your doctor, pharmacist or other health care professional which vaccines are recommended for you.**

**The Westport Board of Health is issuing new Transfer Station stickers for the next fiscal year. Everyone using the Transfer Station is required to purchase a new sticker every year. Present stickers expired June 30, 2016.**

**The cost of the sticker is \$35. For seniors 65 and over, the cost is \$20. Additional stickers may be purchased on the same day only for the same household for \$10 per vehicle.**

**Residents must present vehicle registration.**

**Board of Health office located at the Town Hall Annex, 856 Main Road. Office hours: 8:30 – 4:00 p.m.**

**Stickers may also be purchased at the Transfer Station by check only.**

**Westport Board of Health**

# **The Westport Transfer Station**

**Regular hours are 8:30 a.m. to  
3:00 p.m. Thursday through  
Monday, always closed Tuesday  
and Wednesday.**

**Westport Board of Health**

## **IMPORTANT NOTICE**

**All boards, committees and commissions are required, by state law, to post each meeting on an individual basis.**

**Meeting postings must include the agenda and be posted with the Town Clerk's office at least 48 hours in advance of the meeting. Please be aware that any meeting taking place on a Monday must be posted by Thursday.**

**Saturdays, Sundays and Holidays no longer count towards the 48 hours prior notice.**

**Meeting Notices will only be accepted in the appropriate format. For information, please contact the Town Clerk's Office at 508-636-1000.**

**THANK YOU**

## **YARD SALE PERMITS**

Westport Residents who are planning to hold a yard sale must obtain a **YARD SALE PERMIT** from the Building Department, Town Hall Annex, 856 Main Road. Permits are \$5.00 per day. Under the Town Bylaws and Regulations, a Yard Sale Permit may be issued to any one person for only three days in any one month or four days in any one year in conformity with the Zoning Regulations and for any one premises zoned residential.

The Police Department or Zoning Enforcement Officer will be checking to see if a Yard Sale Permit is on premises and the permit must be presented if requested. Any person who shall violate any provision of the Bylaw shall be liable to a fine of \$50.00 for each violation. Each day shall constitute a separate offense.

For further information, please contact the Building Department at 508-636-1035 or 508-636-1036.

**NOTE: POSTED YARD SALE SIGNS MUST BE REMOVED  
AT THE END OF THE SALE**

# **New Age Composters**

**30" cu ft. - \$30**

**24" cu ft. - \$26**

**Available at: Greater NB Regional  
Refuse Industrial Park**

**300 Samuel Barnet Blvd. (Rt. 140 N, Exit  
7)**

**New Bedford, MA**

**508-763-5924**

**Hours: 9:00 – 4:00 PM**

**Westport Police Department  
24/7 safe disposal of expired or unused  
medications**

**Bring your expired or unused  
medications to the Westport Police  
Station lobby, 818 Main Road.**

**There is a free medication disposal box  
to dispose of your expired or unused  
medications safely.**

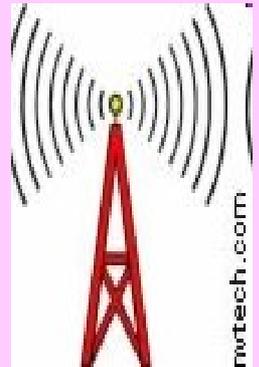
**For information call 508-636-1122.**

Ticks can spread Lyme disease and other infections. The Centers for Disease Control and Prevention would like to remind you to wear bug repellent when outdoors, shower as soon as possible after coming indoors and check your whole body for ticks--every day. If you've been bitten by a tick and develop fever, rash or fatigue, seek medical care. To learn more, visit [www.cdc.gov/lyme](http://www.cdc.gov/lyme).

Tick Identification Cards and Prevention Brochures are available at the BOH Nurse's Office in the Town Hall Annex. 508-636-1030.

**Charter Communications - Customer  
Service Center- 548 Gifford Road  
The Office will be open as follows:**

<b>Tuesday</b>	<b>9:00 AM – 2:00 PM</b>
<b>Wednesday</b>	<b>9:00 AM – 2:00 PM</b>
<b>Thursday</b>	<b>1:00 PM – 6:00 PM</b>
<b>Saturday</b>	<b>9:00 AM – 2:00 PM</b>



**There is also a drop box at this location for  
equipment returns. This drop box is  
available for Westport Charter customers  
24 hours a day, seven days a week.**