



**TOWN OF WESTPORT**  
**WESTPORT, MASSACHUSETTS 02790**

OFFICE OF BOARD OF HEALTH  
856 MAIN ROAD

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**Matthew J. Armendo**  
Director

**WESTPORT BOARD OF HEALTH**  
**MEETING AGENDA**  
May 13, 2024 @ 4:00 PM

**CHAIR'S ANNOUNCEMENT**

1. Under M.G.L., Chapter 30A, § 20(f), the meeting is recorded.
2. Pledge of Allegiance.

**DIRECTOR OF PUBLIC HEALTH**

1. Written Report

**MINUTES**

1. April 1, 2024 reg.
2. April 29, 2024 reg.

**OTHER BUSINESS**

1. Reschedule May 27, 2024 Meeting (Memorial Day)
2. Board Member Updates

**APPOINTMENTS**

**4:30pm – Variance Hearing:** Greg Nicholas for 180 Tickle Road, Claire Messier, 3-Bedroom Repair with Presby(22,610sf)

**4:40pm – Variance Hearing:** Mark Rodrigues for 217-O Tickle Road, Jennifer Walsh, 2-Bedroom Repair with a Bottomless Sand Filter and AdvanTex(6,780sf)

**4:50pm – Variance Hearing:** Oakhill Eng. for 190 E. Beach Road, Leslie French, Tight Tank Replacement in a Different Location.

**TOPICS FOR THE NEXT REGULAR MEETING**

**TOPICS NOT REASONABLY ANTICIPATED FORTY-EIGHT (48) HOURS IN ADVANCE OF THIS MEETING**

**ADJOURNMENT**

Next regular meeting: TBD. Agenda subject to change.



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**Matthew J. Armendo**  
Director

TO: Board of Health  
FROM: Matt Armendo, Public Health Director  
RE: Bi-Weekly Report  
DATE: May 13, 2024

**Inspections/Complaints/Conference Calls/Meetings/Plan Reviews**

**Senior Agent, Agent and Animal Control Officer:**

<b>Joe Reis 4/25/24 – 5/8/24</b>	<b>John Swartz 4/25/24 – 5/8/24</b>	<b>Nick Vidmar 4/25/24 – 5/8/24</b>
11 Food related	07 Perc tests	20 Dog issues
01 Housing related	11 Septic plan reviews	04 Cat issues
10 Transfer Station related	08 Building plan reviews	02 Quarantine
01 Office related errand	04 Bottom inspections	21 Wildlife issues
01 Bedroom count	06 Final inspections	05 Livestock issues
12 Animal related	04 Abandonments	08 Other issues
	02 Pool locations	

**Plan Reviews/Meetings/Conference Calls**

**Director of Public Health:**

<b>4/25/24 – 5/8/24</b>
27 Septic/Building Plan reviews: Misc. meetings, conference calls & inspections/follow-ups

1. The Red Cross will be holding blood drives at St. John the Baptist Church, 10 AM - 2:30 PM on the following dates: May 16, 2024 and June 13, 2024.
2. The Rabies Clinic was held on Saturday, May 4, 2024, 9 AM - 12 PM. We had a great turnout, 47 total vaccinations were given. Thank you to Chief Baldwin, Acoaxet Vet & Dr. Penney and Westport ACO, Nick Vidmar. We will make every effort to hold another clinic this year.
3. Mosquitos - the Massachusetts mosquito season typically begins in early spring and peaks during the hot, humid summer months. You will usually start noticing increased mosquito activity around late April or early May. The activity intensifies throughout the summer with mosquitoes becoming especially prevalent between June and August. As temperatures start to cool around September and October, mosquito populations usually decline.

4. There are simple steps that you can take to protect yourself and your family from mosquito bites and the illnesses they can cause. Protect yourself from illness by doing simple things: use insect repellents any time you are outdoors, wear long-sleeve clothing, schedule outdoor activities to avoid the hours from dusk to dawn during peak mosquito season, repair damaged window and door screens and remove standing water from the areas around your home.
5. Ticks - in Massachusetts, tick activity and tick-borne illnesses can occur year-round. However, most tick-borne diseases tend to peak during the summer months of June, July and August.

One of the most important things you can do is check yourself for ticks once a day. Favorite places ticks like to go on your body include areas between the toes, back of the knees, groin, armpits and neck, along the hairline and behind the ears. Remember to check your children and pets, too. Remove any attached ticks as soon as possible.

When going outside to an area likely to have ticks, stick to main pathways and the center of trails when hiking, wear a light-colored, long-sleeve shirt with long pants and tuck your pants into your socks. This may be difficult to do when the weather is hot but it will help keep ticks away from your skin and make it easier to spot a tick on your clothing and use bug repellents. Repellents that contain DEET can be used on your exposed skin. Permethrin is a product that can be used on your clothes. Always follow the product instructions and use repellents with no more than 30-35% DEET on adults and 10-15% DEET on children. Never use insect repellents on infants.